

Greater New Orleans Grower's Alliance

Grower's Guide



GNOGA

The Greater New Orleans
Grower's Alliance

List of Farms and Gardens

City Wide Growers Map

Veggie Growing Tips

Farmers Markets

Suppliers

Version One - March 2019

About This Guide:

The “GNOGA Growers Guide” is a directory for those looking for gardening and growing resources in New Orleans. It features local growers and suppliers along with farmers markets, educational opportunities, and much more. Take a look! And send us your feedback.

You can look-up places by category (farms and gardens, suppliers, markets), or by neighborhood using the map. Every location on the map is listed in the following pages by number. If you want to visit a farm please contact them first so that you can be welcomed at the best time.

This is not meant to be a comprehensive list. It will grow in future versions of this document. All farms listed have agreed to share their information publicly. Please contact us to add your farm or organization.

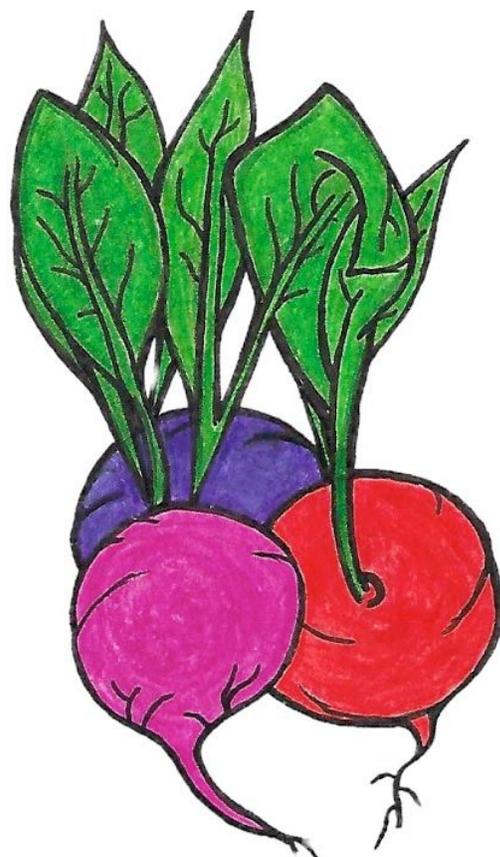
About GNOGA:

GNOGA is a trade organization of growers and their allies in the Greater New Orleans area that harnesses collective power through mutual aid, logistical support, and shared resources in order to influence policy, create a just and sustainable food system, and enhance our economic viability. GNOGA meets regularly to share information, work on communal projects, and develop policy.

Find out more at

www.facebook.com/neworleansfarmers

Email us at gnoga.organizers@gmail.com



Artwork By Cheryl

from River Queen Greens and Margee from Fat River

New Orleans Growers Resource Map

March 2019

Created by the Greater New Orleans Growers Alliance

Lookup farms, markets, gardens, and more using the numbers listed on the following pages :)

Insert: N.O. East

5. Fat River Flower Farm &
19. VEGGI Farmers Cooperative

2. Abundance Flower Farm

11. New Orleans Research Garden

18. Too Tall Farms

24. Hot Plants

1. 24 Carrot Garden

4. CRISP

16. River Queen Greens

26. Crescent City Farmers Market
Wednesdays 1p-5p - Bywater

9. Grow Dat Youth Farm

7. Faubourg St. John Neighborhood Garden

13. Pistil & Stamen Flower Farm

15. Refresh Community Farm & Refresh Farmers Market.
Mondays 3p-7p @ Whole Foods FRENCH QUARTER

26. Crescent City Farmers Market
Saturdays 8a-12p - CBD

10. Growing Local NOLA

26. Crescent City Farmers Market
Thursdays 3p-7p - Bywater

8. First Grace Community Garden

3. Agrowtopia

20. All You Need Institute

26. Crescent City Farmers Market
Tuesdays 9a-1p - Uptown

6. Faubourg Farms

12. Okra Abbey

Legend:
Green icon – farm or garden
Purple – supplier / non-profit
Blue – Farmers Market

Disclaimer: This is not a comprehensive list. This guide will grow in subsequent versions. Email us to add your project!
ALWAYS CONTACT FARMS before showing up in person.

DIRECTORY

Farms & Gardens

1. **24 Carrot Garden**

Non-profit farm

1335 Music Street, New Orleans

24carrotgarden@gmail.com

2. **Abundance Flower Farm**

For-profit farm

2722 Treasure Street, New Orleans

504-452-8906

Abundanceflowers.com

3. **Agrowtopia**

For-profit farm

agrowtopiallc@gmail.com

www.agrowtopia.com

4. **CRISP**

Ecosystem spreader

1310 Lesseps St., New Orleans

504-669-1502

Crispfarms.nola@gmail.com

5. **Fat River Flower Farm**

For-profit farm

14000 Dwyer Blvd., New Orleans

985-373-6188

marguerite@fatriverflowers.com

www.fatriverflowers.com

6. **Faubourg Farms**

For-profit farm

mshalett@faubourgfarms.com

www.faubourgfarms.com

7. **Faubourg St. John Neighborhood Garden**

Community garden

Corner of St. Philip and Dupre St., New Orleans

fsjgarden@gmail.com

8. First Grace Community Garden

Non-profit farm; community garden

3401 Canal St, New Orleans

1stgracecommunitygarden@gmail.com

9. Grow Dat Youth Farm

Non-profit farm; educational facility

150 Zachary Taylor Drive, New Orleans

504-300-1132

info@growdatyouthfarm.org

<https://growdatyouthfarm.org>

10. Growing Local NOLA

Non-profit farm; educational facility

1226 Oretha Castle Haley Blvd

nfsw829@gmail.com

<http://www.recirculatingfarms.org/>

11. New Orleans Research Garden

Non-profit farm

2033 Port St., New Orleans

nfsw829@gmail.com

12. Okra Abbey

Non-profit farm

Corner of Hickory and Eagle St., New Orleans

Bkeelbullock@gmail.com

13. Pistil and Stamen Flower Farm

For-profit farm; floral design

pistilandstamenflowers@gmail.com

www.pistilandstamenflowers.com

14. Recirculating Farms Coalition

Non-profit farm; educational facility; community health & wellness programming

5208 Magazine Street, #191, New Orleans

844-732-3276

eshinn@recirculatingfarms.org

www.recirculatingfarms.org

15. ReFresh Community Farm

Community garden

300 N. Broad St., New Orleans

985-373-6188

margee@sproutnola.org / www.sproutnolafarm.org

16. River Queen Greens

For-profit farm

1020 Kentucky St., New Orleans

504-814-1304

farmers@riverqueengreens.com

www.riverqueengreens.com

17. Speakeasy Farm

For-profit farm; educational facility

Speakeasyfarmers@gmail.com

18. Too Tall Farms

For-profit farm; educational facility; greenhouse

2817 N. Roman St., New Orleans

847-987-4565

kaiser.maggie@gmail.com

19. VEGGI Farmers Cooperative

Non-profit farm

4626 Alcee Fortier Blvd. Ste E, New Orleans

504-457-8486

veggifarmcoop@gmail.com

www.veggifarmcoop.com

Supplies & Services

20. All You Need Institute

Educational facility

3700 Toledano St., New Orleans

info@allyouneedinstitute.com

Allyouneedinstitute.com

21. Compost Now

Community compost drop-off

Multiple New Orleans Public Library locations

Contact via website

www.compost-now.org

22. Dig Easy

Compost education

985-630-7948

antonio@digeasy.org

www.digeasy.org

23. Fig Tree Landscaping

Landscaping business

figtreegardening@gmail.com

24. Hot Plants

Greenhouse

1715 Feliciana St., New Orleans

ian@hotplantsnursery.com

Hotplantsnursery.com

25. Schmelly's Dirt Farm

Socially beneficial for-profit (L3C) organics recycling business

504-535-4769

dirt@schmellys.com

www.schmellys.com

Farmers Markets

26. Crescent City Farmers Market

Multiple market locations and times

Accepts EBT, cash, and card.

504-495-1459

cristina@marketumbrella.org

<http://www.crescentcityfarmersmarket.org/>

Uptown Tuesdays: 9 am to 1 pm

Uptown Square, 200 Broadway St. near the River

Bywater Wednesdays: 3 pm to 7 pm

Rusty Rainbow, Chartres St. at Piety St.

Mid-City Thursdays: 3 pm to 7 pm

American Can Company, 3700 Orleans Ave. at the Bayou

Downtown Saturdays: 8 am to 12 pm

750 Carondelet St. at Julia St.

27. ReFresh Farmers Market and Seed Lending Library

Mondays 4pm-7pm

300 N. Broad St., New Orleans

margee@sproutnola.org

TIPS AND TRICKS FOR GROWING VEGGIES

Watering:

- If watering overhead (with a watering can), try to only water the roots (soil under leaves), as wetting the leaves makes diseases easier to spread, and the roots are what soak up the water!
- Water recently planted seeds or transplants daily, and then as needed as plants become more established (2-3 times per week depending on the weather).
- A great way to check if your plants need watering is to feel if the soil is damp by sticking your finger about 1 inch down in the dirt. If it's dry, give them a water! If not, skip watering that day and check back again later. Too much water can cause rot and spread of disease.
- Watering isn't an exact science, but by looking at and feeling the soil you can get a good read of how much you should be watering.

Weeding:

- Why? Weeding is important because it removes plants that are competing with the crops that you are trying to grow. They compete for sunlight, water, nutrients, and space.
- How? When weeding, grab the plant near the roots, wiggle it and pull it out of the ground gently, shaking off any soil so as not to waste it. Weeds can be composted, thrown in the trash, or placed in a brush pile to slowly decompose.
- When? Once a week or every two weeks depending on the season. It's most important when your plants are small, as they can get covered by weeds fairly quickly.
- Lay down mulch (like shredded leaves or pine needles) to keep weeds down and help keep the soil moist between waterings.

Soil Care:

- Keep your soil healthy and happy by adding finished compost, using natural fertilizer like fish emulsion or other sources of nitrogen, and mulching around your plants!
- Adding finished compost to your garden is the best organic way to add nutrients and increase growth in your garden. Add it seasonally when you turn your beds to welcome in new plants.
- Fertilize your beds with liquid fertilizer every 2-weeks or as needed. Liquid fertilizer like fish emulsion or seaweed/kelp adds lots of nitrogen to the soil that is taken up quickly by the roots of the plants. Vegetables use up a lot of nitrogen in their growth so adding liquid fertilizer helps with getting high production.
- Granular fertilizer is another good option to fertilize your beds throughout the season. It provides a slow-release dose of nitrogen, phosphorus, and potassium (NPK) over many months. Mix the suggested amount of granular fertilizer into the soil before planting for the season, about every 6 months.

Harvesting:

- *Fruits (tomatoes, peppers, cucumbers, beans, okra etc.):* Harvest the fruits of the plant as soon as they are ripe. If left on the plant too long, the plant will produce less and less fruit over time. Each plant is different but you can usually tell by size, color, and texture. Cut the stem of the fruit with a pair of scissors or garden shears close to the leaf that it branched out from. Each flower on a plant has the potential to become a fruit!
- *Greens (kale, lettuce, herbs, arugula etc.):* Harvest greens from the outside. Pick the older and larger leaves first to continue a sustained production. You can use scissors/shears or snap the leaves off with your fingers. You may decide for lettuce and other plants to harvest the whole head at once, which is cool too!
- *Broccoli & Cauliflower etc.:* Wait until the leaves around the broccoli or cauliflower head open to cut it off. If tiny flowers start forming on the head, it is time to harvest. The outer leaves of the cauliflower can be harvested and eaten like collards or kale.
- *Flowers:* Different flowers like to be harvested at different times, but generally you should wait to harvest until at least part of the petals have unfurled. Many flowers will continue to bloom after they are harvested, but not all. “Dead-head” or cut off any dead flower blooms to encourage more blooms.

Seasonal Adjustments:

- End of Fall: some plants can be “overwintered”, meaning that they will last and keep producing through our mild winter. Others however, will have to be removed because they need certain temperatures and amounts of sunlight to survive.
 - At the end of fall or at the first freeze of the year, remove not hardy plants.
 - Cover perennials with a cloth in the event of a freeze
 - Prepare the beds for spring plantings or fill with winter-hardy vegetables
 - Consider cover cropping to restore nitrogen
- End of spring: Many vegetables cannot handle the heat of our summers so we have to adjust our plantings. Trade out cooler crops for those that can sustain our hot summer.
 - Usually the end of our spring season is in June
 - Remove crops like greens and cauliflower and replace with heat-loving plants like beans, okra, basil, eggplant, and peppers.
 - Consider cover cropping to restore nitrogen
- Beginning of Fall and Beginning of Spring: This is a great time to amend the soil with compost and fertilizer!

Other Community Organizations:

SPROUT

SPROUT is a gardener and farming training and support organization. SPROUT provides opportunities for people to join gardens, learn to farm, and access fresh food. They also offer a free seed lending library, basic tool lending, free organic fertilizer, and classes and workshops. SPROUT is a founding organization of GNOGA.

www.sproutnola.org

FPAC

FPAC is a broad-based coalition of individuals, businesses, and organizations shaping public policy to improve equity, opportunity, and collaboration in the local food system. This work is done through programming, advocacy, and working groups. We currently have three working groups with specific priorities related to food policy, as well as assisting with FPAC shared priorities. Working Groups meet bi-monthly and are led by FPAC members.

www.nolafoodpolicy.org

SOUL

Supporting Our Urban Landscape (SOUL) is a community forestry initiative that does education, neighborhood tree plantings, and tree giveaways.

www.soulnola.org

Healthy Community Services

This initiative provides residents and business owners with an understanding of urban stormwater management techniques, how the drainage system of New Orleans works, improving the water quality of Lake Pontchartrain as well as how green infrastructure reduces subsidence by increasing the water table levels.

www.hcsnola.org

LSU Agriculture and Extension

LSU extension is here to help home gardeners, and farmers answer their most burning questions. Contact them at 504-658-2900

